



## Frederick S. Mullen

December 14, 1951 - June 17, 2026

Arlington, MA - Frederick S. Mullen, 74, a former resident of Arlington, Massachusetts, died Wednesday, June 17, 2026 at Adviniacare in Northbridge following a long struggle with vascular dementia. Fred was born in Haverhill, Massachusetts, December 14, 1951, the beloved youngest son of Frederick Senior and Marie Oliver Mullen. Fred had 3 siblings- Robert, Karen, and Priscilla. From the very beginning, Freddy was the family favorite, living a life rooted in generosity and unwavering love for his family. Known for his wit and encyclopedic knowledge of film, sports and music, he gave endlessly from his heart to everyone fortunate enough to know him.

Fred had a rare gift for making people feel safe, welcomed and deeply cared for. He was the brother, brother-in-law, uncle and great-uncle who always showed up for all things family: ball games, theatre performances, weddings, christenings, wakes and funerals. His warmth was immediate and abundant, whether visiting family in hospitals, sharing puns, or delivering lottery tickets.

Family was the center of Fred's world, but it was a wide and boisterous one as well. He traveled globally for his executive marketing work, becoming legendary among colleagues for his work ethic. He tapped his Fordham education and degree in film to co-host a cable television show, Video Shortcuts, for movie reviews, a la Siskel and Ebert. Together with his sister Karen, he regularly flew to New York to audition for the popular tv show, Who

Wants to Be A Millionaire? They never did qualify for the show, but they loved the Italian food at Carmine's and catching many Broadway shows. He enjoyed all things New York, including the sports teams, much to his family's chagrin. His sense of humor inspired cartoons illustrated by friend Tom Stearns. Their submissions to The New Yorker became a book to be treasured called Spittoons. With friends he lived another favorite subject, history, touring national parks and battlegrounds. His ultimate claim to fame was his presence at Woodstock, and he was revered for his knowledge and love of classic rock.

Fred was predeceased by his parents, brother Robert, and great-niece Emma Bechert. He leaves behind his brothers-in-law Charles Weinhold and Roger Kipp, sister-in-law Geraldine Mullen, nieces Maribeth, Mandy, and Laurie, nephews Gregg, Chuck, Jeremy, Jim, Seth, Scott, and godson Derek, their husbands and wives, and an abundance of great-nephews and -nieces. He is also mourned by many friends, especially longtime loyal kindred spirit Bob Simpson, and by his beloved and dedicated friend, Marjorie Cowdery, who spent countless and unwavering hours caring for him as dementia struggles progressed. He will be missed beyond words and loved forever. To quote one of Freddy's favorite bands, we'll always know he's "just about a moonlight mile on down the road".

Family and friends will gather to honor and remember Frederick for a graveside service on Saturday, June 27, 2026, at 11:00 a.m. at High Street Cemetery, 150 High Street, Hampton, NH 03842.

# Upcoming Events

## Graveside Service

JUN 27. 11:00 AM - 12:00 PM (ET)

High Street Cemetery  
150 High Street  
Hampton, NH