



## Joan Grace White

May 7, 1931 - November 2, 2025

Exeter - Dr. Joan Grace White, of Exeter, passed away peacefully surrounded by loved ones on Sunday, November 2, 2025. She was 94 years old.

Born in Florida, Joan's life was marked by a profound commitment to learning and caring for others. She earned her BA and MSW at Northwestern University in Evanston, IL. After college, she moved to Chicago, where she met Eugene Troobnick, and together they had three children. They later moved to Brooklyn, NY, where Joan began her impactful career working with underprivileged youth.

Joan's pursuit of knowledge led her to Boston, MA, where she earned her doctorate at the Boston Graduate School of Psychoanalysis. For nearly 40 years, she was a dedicated and beloved professor, renowned for her gift of caring and her profound impact on both her students and her analysands. Her professional life was a testament to her dedication to the field of psychoanalysis and mental health.

Beyond her professional achievements, Joan cherished time with her family. She was never happier than when surrounded by her children and grandchildren, whether in the warmth of Puerto Rico or the comfort of New Hampshire. Food was her love language, and she was famous for creating epic feasts that brought everyone together.

An avid swimmer and lover of the outdoors, Joan was happiest near the water and enjoyed sailing. She instilled in her children a passion for lifelong learning, a love of gardening, the joy of canine companionship, the importance of caring for others, and a strong spiritual foundation.

Joan is survived by her loving daughters, Jennifer Troobnick of Vancouver, WA, and Robbin Troobnick of Fredericksburg, VA. She is also survived by her partner, Chuck Hodson of Exeter. She also leaves behind her cherished grandchildren, Jacob, Kailee, Tovi, and Talia, as well as her great-grandson, Wyatt.

She was predeceased by her parents, her son Mark Troobnick, and her daughter Aviva Abeshaus.

In keeping with her wishes, services will be private. In lieu of flowers, the family requests that donations in Joan's memory be made to the ACLU, an organization that reflects her lifelong commitment to justice and equality.

# Tribute Wall

XY

“ Xiaoyuan Y. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Joan Grace White.

Xiaoyuan Y. - November 13, 2025 at 06:08 AM

DS

“ I was sad to hear of Ms. White's passing. I have very fond memories of both her and her daughters. Sending love and condolences to her entire family.

Daniel Schacht - November 12, 2025 at 05:36 PM

GR

“ I knew Joan casually through a group of mutual friends. Whenever in her presence I enjoyed her beauty—her bright feisty spirit, humor, wit, and insights. My sincere condolences to her loving family.  
Gretchen

Gretchen Hayden Ruckert - November 11, 2025 at 09:30 AM

LS

“ As a teacher, supervisor and friend Joan was an inspiration. Her sense of humor, wry and unrestrained, had me laughing while learning. Her wisdom was unparalleled..she had lived and loved and lost and it was all there in her ability to be present....to be joyous.....to be herself. I send her much beloved and loving family my deepest condolences.

Linda Sklar - November 10, 2025 at 03:28 PM



“ *Sweet Tranquility Basket was purchased for the family of Joan Grace White.*



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November 07, 2025 at 08:42 AM



“ *I am heartbroken to learn of Dr. White’s passing. She was not only my professor and supervisor, but someone who saw me who I am—especially in the moments when I was unsure of myself and my path toward becoming an analyst. When I doubted, she held the belief for me. When I wavered, she steadied me.*

*I will always carry the memory of her amazing teaching which was something deeply unique in the way she taught. Her words went straight to the heart. She never wasted anything—no word, no gesture—and yet everything she gave was full of meaning. I will also always remember her tough love that she extended so naturally.*

*I am endlessly grateful to have been her student.  
May her memory be held with the deep respect and love she so fully deserves.*

*With Deepest Condolences,  
Mia Yeung*

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**Mia Yeung** - November 07, 2025 at 08:39 AM



“ *In loving memory of my analyst, cherished mentor of 25 years. A source of unwavering support at the most important times in my life, and the ordinary days. Dr. White, your wisdom, compassion, belief and love for me has been and will be felt for all my days. Your influence is enacted everyday with my students, mentees, and patients. You are forever in my heart. Loved beyond words. Missed beyond measure.*



William Sharp - November 05, 2025 at 07:00 PM



“ *1 file added to the tribute wall*

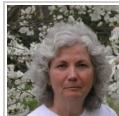


Tracy Galloway - November 05, 2025 at 03:50 PM



*Dr. White was a brilliant teacher, and her maturation classes were some of the most important educational experiences of my time at BGSP. My deepest condolences to her family.*

Tracy Galloway - November 05, 2025 at 03:54 PM



*The people I can identify are from left to right are: Faye Newsome, Helen Michael, not sure of the man's identity but it may be Stephen Soldz, and Lynn Perlman.*

Bonnie Irwin - November 05, 2025 at 11:31 PM

GC

*My heartfelt condolences to the family of Dr. White.*

*I had the honor and the pleasure to work with Dr White for over 16 years. The moment we met I developed a strong transference to her. She spread her wings like a mother and protected me on the journey of emotional learning. She made me feel safe and loved and I loved her in return. In our last session we celebrated the good news that my dissertation had been approved. Her encouragement and belief in me enabled me to work through the struggles and hurdles to finish the project. Thank you, Dr. White, for being my mentor and role model; you left big footsteps on my soul.*

*May your memory be a blessing to all who knew you!*

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**Gabriele Chorney** - November 12, 2025 at 07:20 PM

EG

*Joan White was a long-time colleague for whom I had the highest regard and towards whom I felt immense gratitude.*

*Dr. White promoted my career by greatly facilitating two early public presentations that I gave (one as my discussant). Subsequently, she arranged several memorable educational events at the Boston Graduate School of Psychoanalysis about teaching and treating children, which I was pleased to participate in. And she gave me the brilliant idea to teach a course entitled "Emotional Education through Story and Myth"—one of my absolute favorite experiences at the school.*

*Through that course I also was fortunate to meet Dr. White's daughter Jennifer Troobnick, with whom I enjoyed a friendly and productive relationship for some years before she moved out of the area.*

*Over the years, students of Dr. White gave glowing accounts of her clinical skills and emotional support. My mother, Ethel Clevans, also held her in high regard. I have already missed her presence (literally, a few yards from my own office at BGSP). Now that she is really gone, I will continue to be inspired by her memory.*

*Eugene Goldwater*

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**Eugene Goldwater** - December 01, 2025 at 07:01 PM