



## Kathryn M. Benda

November 16, 1961 - March 11, 2023

Portsmouth- Kathryn M Benda, 61, passed away peacefully in her sleep on March 11, 2023 of many health issues at Parkland Medical Center in Derry, NH. She was born in Trenton, NJ on November 16, 1961, the daughter of Roberta Noble of Portsmouth, and the late Ralph Medeiros. Kathy shared over 40 years of marriage with her husband, Harold J. Benda and was also the proud mother of her two sons Joe Benda and Jason Benda of Portsmouth.

Kathy worked as a home care worker for the elderly and handicapped. She was a friend to all and always had a loving and caring personality.

Kathy is survived by her husband Harold, her sons Joe and Jason and her mother, Roberta, all of Portsmouth, her sister Karen Bond of Fremont, NH, her sister Betsy Trott of Epsom, NH, and her brother David Trott of Stafford, NH. She is also survived by many nieces and nephews, and grand nieces and nephews of NH. Kathy also leaves many aunts, uncles, and cousins of New Jersey and Delaware and several lifelong friends, Barbara Bayless of Dover, NH, Mary Brown and her husband Gerard of Deering, Shawn Mattingly of York, ME, and Donna Handly of Farmington, NH.

In addition to her father, Kathy was predeceased by her brother Charles Trott.

She will be loved and missed by all that ever knew her.

All services will be private. In lieu of flowers, please make a donation to St. Jude's Children's Hospital or the American Cancer Society in honor of Kathy's memory. Please follow the links by clicking one: [St. Jude's Children's](#) , [American Cancer Society](#).

# Tribute Wall

MC

“ *Bobbie, Karen, David, Betsy and Kathy's family, my heart goes out to all of you. Kathy was such a cutie with a great smile, you are all in my thoughts and prayers.  
Love Peggy Cavanaugh*

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**Margaret A Cavanaugh** - March 23, 2023 at 09:34 AM

DT

“ *I wish I had words to take away your grief. Please know that you are all in my thoughts and prayers. Darlene Tripp*

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**Darlene Tripp** - March 21, 2023 at 08:52 AM

SM

“ 🥹 *have fallen, now the sun is shining and I know in my heart you're at peace. The memories we made will never be forgotten. Love you, fly high over all of us. BFF Shawn*

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**Shawn Mattingly** - March 20, 2023 at 12:18 PM

KA

“ *I love you so much Kathy. I can't pick one memory, I have 61 years of them. I remember the day you came home from the hospital when you were born. You are missed so much. Many times over the last week i have thought to call you and then realized I couldn't.*

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**Karen** - March 20, 2023 at 11:34 AM

JP

*I will always remember and cherish all the great memories from our family gatherings at my parents home. We miss you, but know you are surrounded by family . Your smile and infectious laugh will always bring a smile through the tears. Love you.*

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**Jackie Papp** - March 20, 2023 at 11:50 AM

CN

*Remembering your sweet smile, and happy go lucky personality with fondest memories.  
love you ❤️ ❤️*

**carla Nashwinter** - March 20, 2023 at 12:57 PM

CC

*I loved your caring manner and the way you would crack up when something made u laugh 🍀 I'm sorry u had to go thru so much, Kathy! Until we meet again, I will remember the good times, friend! 🌸 RIP*

**Carol Connery** - March 20, 2023 at 02:46 PM



*I miss you 💔 I have so many wonderful, funny memories of you and I and all the things we did growing up. I'll cherish them. I'll see you in heaven lady ... Hug Ian for me 💜*

**Donna Parnham** - March 20, 2023 at 07:02 PM

GW

*Gone too soon, but so loved by family & friends who will grieve this loss! Your wonderful mother has lost a wonderful daughter, and she will miss you everyday! No mother should have to lose her child!! Hoping you are flying high among the stars in heaven!!!❤️❤️❤️*

**Gaynile & Rob Wortman** - March 20, 2023 at 11:00 PM

MS

*You helped our family so much through our mother's older years, she loved your times together. Thank you Kathy.*

**Michael Smith** - April 08, 2023 at 09:52 AM