



## Lisa P. Trottier

March 17, 1964 - October 9, 2024

Hampton – Lisa P. Trottier, 60, of Hampton, formerly of Chester, NH, passed away peacefully on October 9th, 2024 at home after living with a terminal cancer diagnosis for 7 years. She was born in Woburn, MA on March 17, 1964—a daughter of the late Earl and Mary (O’Brien) Friot.

Raised in Woburn, MA, she graduated from Woburn High School with the Class of 1982. Shortly after, she married her high school sweetheart and future husband of 40 years, Robert “Bob” Trottier and together they moved to Derry and shortly after Chester, where they raised their family. A proud Paraprofessional, she cherished her time working in special education with children at Chester Academy.

Over the years, Lisa became synonymous with the sunrise as she loved taking daily photos from her balcony overlooking the Atlantic Ocean at Hampton Beach. If you were lucky enough, some of you may have even seen her pictures featured on WMUR News and spotted her favorite seagull Bill in them. With a cosmo in hand and sea salt in her hair, she was truly unstoppable and the life of every party. She had a knack for making you feel completely cared for, while simultaneously being brutally honest with you. If you wanted the truth, you sat next to Lisa. She will be missed by those people who were lucky enough to call her a friend, and even those who were lucky enough to call her an enemy (of which she had a few—they may not even

know who they are).

Lisa spent her best days traveling with her family, cruising to beachy paradises, packing up the family motorhome to go roller coaster chasing, and laughing a wicked lot. Lisa loved her husband, who was her partner in crime and co-pilot for life's adventures. Their love was a bizarre, yet beautiful blend of playful banter and unwavering support, unless it came to the television as Lisa often got to watch her paranormal investigation shows, unless, of course, the Patriots were playing. Her greatest joy was being a mom and becoming a grandmother reinvigorated her life. She loved to cook and rarely met a Pinterest recipe she didn't want to try and cook for her family. Her family will remember her shepherd's pie, French toast casserole, homemade sauce, and fried dough for breakfast. She loved her family fiercely and dreamed big for each of them. While she may be gone today, her favorite paranormal investigators may tell us a different story tomorrow.

In addition to her husband, surviving family members include her children, Dana Trottier and his spouse Jared Sherrow of New York, NY, Jesse Trottier and his spouse Rachel Garen of Derry, NH; sister, Joan Kritz of Lexington, MA; grandchild, Matthew Trottier of Windham, NH; and grandfurbabies, Lucille "Lucy" the Sweet, Gumbopot, and Ms. Dolly Pawton.

In addition to her parents, she was predeceased by her sons, Robert and Shawn Trottier and siblings, Steven Friot and Jean Wells.

A celebration of her life will be held from 4-6 PM on Wednesday, October 16, 2024 at the Remick & Gendron Funeral Home-Crematory, 811 Lafayette Road, Hampton, NH, where we will share stories and toast to Lisa. Please wear your favorite Hawaiian shirt or beachwear in her honor. Services will immediately follow at 6 PM in the funeral home. Relatives and friends are respectfully invited. In lieu of flowers, donations may be made to the Seacoast

Science Center in Odiorne Point State Park by clicking here (<https://seacoast.app.neoncrm.com/forms/donate-to-ssc>) or by mail to 570 Ocean Boulevard, Rye, NH 03870-2104.

# Previous Events

## Celebration of Life

OCT **16**. 4:00 PM - 6:00 PM (ET)

Remick & Gendron Funeral Home - Crematory  
811 Lafayette Road ·  
Hampton, NH 03842  
(603) 926-6500  
info@remickgendron.com  
<https://www.RemickGendron.com/>

## Service

OCT **16**. 6:00 PM (ET)

Remick & Gendron Funeral Home - Crematory  
811 Lafayette Road ·  
Hampton, NH 03842  
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# Tribute Wall

SP

“ Sean P. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Lisa P. Trottier.

Sean P. - October 16, 2024 at 10:33 AM

LK

“ Leo, Amanda & Kaydence purchased the Sweet Tenderness for the family of Lisa P. Trottier.



Leo, Amanda & Kaydence - October 16, 2024 at 09:29 AM

LK

“ Leo, Amanda & Kaydence planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Lisa P. Trottier.

Leo, Amanda & Kaydence - October 16, 2024 at 09:29 AM

PO

“ Paul. Ellen. Kori. Kayci Owen purchased the Sweetest Sunrise Bouquet for the family of Lisa P. Trottier.



Paul. Ellen. Kori. Kayci Owen - October 16, 2024 at 09:29 AM

PO

“ Paul. Ellen. Kori. Kayci Owen planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Lisa P. Trottier.

Paul. Ellen. Kori. Kayci Owen - October 16, 2024 at 09:29 AM

LS

“ Love Roland, Diane and Sarah purchased the Arrive in Style for the family of Lisa P. Trottier.



Love Roland, Diane and Sarah - October 15, 2024 at 01:34 PM



“ Peaceful White Lilies Basket was purchased for the family of Lisa P. Trottier.



October 15, 2024 at 09:52 AM



“ Serene Reflections Bouquet was purchased for the family of Lisa P. Trottier.



October 13, 2024 at 04:41 AM



“ Arrive in Style was purchased for the family of Lisa P. Trottier.



October 11, 2024 at 08:05 PM



“ Lisa, such great memories staying at the beach and dancing and singing at Get the Led Out ❤️ you are a legend

Madison - October 11, 2024 at 07:43 PM



“ Aww... rest in peace you beautiful angel.. so sorry to hear of this passing. May she fly high in our hearts.



Judy Ugula - October 11, 2024 at 04:39 PM



“ I remember we chaperoned the Mount Monadnock hike together one year. She was a hoot. About 1/4 of the way up the mountain she said, “ Who am I kidding. I hate hiking mountains, you’re on your own. I’ll see you when you get down! Good luck!” And she was there as stated. You have to know what your limitations are and do what you’re comfortable doing is what I learned from her. She will be missed.

Debbie Berman - October 11, 2024 at 03:44 PM

PC

“ PAMELA, BADER, JUDY, WESLEY & CHARLES purchased the Emerald Garden Basket for the family of Lisa P. Trottier.



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**PAMELA, BADER, JUDY, WESLEY & CHARLES** - October 11, 2024 at 02:46 PM

PC

“ PAMELA, BADER, JUDY, WESLEY & CHARLES planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Lisa P. Trottier.

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**PAMELA, BADER, JUDY, WESLEY & CHARLES** - October 11, 2024 at 02:46 PM



“ Full Of Love Bouquet was purchased for the family of Lisa P. Trottier.



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October 11, 2024 at 01:17 PM

TK

“ The Kevliks planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Lisa P. Trottier.

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**The Kevliks** - October 11, 2024 at 01:17 PM

MZ

“ *Much love, Kevin and Jodie Zibolis purchased the Divine Peace Bouquet for the family of Lisa P. Trottier.*



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**Much love, Kevin and Jodie Zibolis** - October 11, 2024 at  
10:07 AM