



Lori Allen

August 21, 1961 - August 20, 2025

Hampton - Lori Allen, 63, of Hampton, NH passed away peacefully at Oceanside Center nursing home on Wednesday, August 20, 2025 after many years of battling mental and physical ailments, with her loving children by her side in mind, body and spirit.

Born in Contra Costa County, CA, on August 21, 1961, Lori was the daughter of the late Lanier and Alice (Jenkins) Allen. Raised and educated in Atlee, VA, Lori attended Lee-Davis (Mechanicsville) High School and graduated in 1979 excelling in academics and as an all-state cross-country runner and track and field athlete. She then attended the University of Virginia earning her Bachelor's in Nursing graduating in 1985 where, as a walk-on athlete she scored at the 1984 ACC cross-country championships. Her passion for nursing and running continued in NH as she worked as an RN at the NH State and Concord Hospitals while continuing to compete in road races with the Granite State Racing Team.

In her early years living in NH, she had many adventures growing her love for nature and the outdoors, running, hiking and camping in the White Mountains with her then husband, Andrew Serell, and their two children. She had a fierce and proud love for her two boys that she carried with her throughout life attending their many soccer, baseball and skiing competitions telling anyone willing to listen how proud she was of them with an ear-to-ear smile. As the

years went by and her mental and physical ailments limited her, she found love and solace in painting, poetry, music, meditation, walking in nature, volunteering in mental health and wellness, and visits with her boys. If you ever met Lori, you knew she wasn't afraid to start a conversation and could connect with anyone, to help brighten their day, which she did for so many people throughout her life.

Lori is survived by her two sons and their families: Sean Serell and his wife Meghan, and their children Andrew and Benjamin of Bolton, MA, and Ryan Serell and his wife Nicole of Hillsdale, NJ. She is also survived by her siblings Lee Allen and his wife Suzanne of Glen Allen, VA, and Michelle Allen of Hopewell, VA. In addition to her parents, Lori is predeceased by her sister Dominique (Allen) Hudert.

Family and friends will gather to honor and remember Lori for a period of visitation on Saturday, September 13, 2025, from 2:00 p.m. until 3:00 p.m. in the Remick & Gendron Funeral Home, 811 Lafayette Road, Hampton, NH 03842. A memorial service will take place immediately following the visitation at 3:00 p.m. in the funeral home.

In lieu of flowers, please consider a donation in Lori's memory to Riverbend Community Mental Health of NH that offered so much support for Lori and many others over the years by clicking here. (<https://www.riverbendcmhc.org/donate/>)

or by mail

Riverbend Community Mental Health (<https://www.riverbendcmhc.org/donate/>)
PO Box 2032
Concord, NH 03302-2032

Previous Events

Visitation

SEP **13.** 2:00 PM - 3:00 PM (ET)

Remick & Gendron Funeral Home - Crematory
811 Lafayette Road ·
Hampton, NH 03842
(603) 926-6500
info@remickgendron.com
<https://www.RemickGendron.com/>

Memorial Service

SEP **13.** 3:00 PM (ET)

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Tribute Wall



“ *Remick & Gendron Funeral Home created a Webcast in memory of Lori Allen*



Remick & Gendron Funeral Home - August 26, 2025 at 04:34 PM

MA

“ *I promise you I will keep showing up. Congratulations, you made it, and I am so proud of you Lori. Love Always, Michelle*

Michelle Allen - September 13, 2025 at 04:00 PM



“ *Peaceful White Lilies Basket was purchased for the family of Lori Allen.*



September 12, 2025 at 09:56 AM

AS

“ *Lori was a very impressive young woman. I will happily remember our many good times and many good years together. And will always be proud of the 2 amazing children we raised. Rest in peace my first love.*

ANDREW SERELL - August 27, 2025 at 04:29 PM

DR

“ Drew purchased the Peaceful White Lilies Basket for the family of Lori Allen.



Drew - August 26, 2025 at 08:32 PM

DR

“ Drew planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Lori Allen.

Drew - August 26, 2025 at 08:32 PM

MC

“ One of my favorite memories is of myself and sister Dominique being in Lori's wedding to Drew. It was exciting, and the wedding was beautiful. I loved helping Lori do her hair and makeup, and loved being in the wedding.

A funny memory I have is when we were kids Lori was very hungry and all we had were hotdogs and peanut butter so she combined the two for more protein! I thought it was a terrible idea, but these days one of my favorite burgers has peanut butter on it...she had the right idea I guess!



Michelle Hope Conover - August 26, 2025 at 12:45 PM

RC

Lori, Dominique and Michelle stayed with us in Sacramento for several days when they were little girls, and got to visit with our girls, Jo Ellen, Lisa and Kirsten, each about the same age. A lovely visit. They all enjoyed frolicking with our Old English Sheepdog, Dundee. The last time we saw Lori, she had come out to Brentwood to see her grandparents, Pete and Dorothy Allen in Brentwood. We went tp Brentwood for a reunion after more than 25 years of not having seen her. We found her to be a very sweet mature lady. We were privileged to be able to bring her to Sacramento to board a Greyhound Bus to travel across the country to return to New Hampshire, her home. A sad departing.

Richard and Charlotte Cosby - August 26, 2025 at 04:20 PM