



Mary-Ellen Goodspeed

November 6, 1954 - February 17, 2022

Mary-Ellen McDonough Goodspeed passed away peacefully in her home on February 17, 2022 at the age of 67. Mary-Ellen was a long-time resident of the Seacoast having a special love of this short stretch of coastline in her native New Hampshire.

Mary-Ellen grew up in Manchester, New Hampshire though she spent nearly every summer in Rye Beach with her beloved grandparents Ethel and George Carrier. She was a graduate of The Derryfield School and University of New Hampshire where she studied Social Work. She went on to earn a Master's degree in Psychotherapy from Notre Dame College and was later a practicing psychotherapist where she focused on working with children and families. She spent most of her career working at the Family Therapy Institute, which she loved. She touched so many people's lives through her work.

It was her love of family, friends and of entertaining and cooking for which Mary-Ellen will be most fondly remembered. She was a consummate hostess, loved to feed people, to "fool" and surprise people with a well-placed non sequitur that never failed to get a resounding round of laughter. Christmas was her favorite holiday. She thrilled in giving gifts and was sure to have multiple trees throughout her house so that no one was ever in any doubt as to whether they should be engaging in holiday cheer or snuggled up on the couch "doing cozy".

Mary-Ellen loved being a mother and grandmother. She cherished her children Katie and Brendan and their spouses. She was over the moon when she became a grandmother to Jack, Charlie and Julien. She spoiled them with lots of baby clothes, toys and treats. She loved reading to them, cooking for them and spending time together at the beach.

Mary-Ellen was a long-time member of the Rye Beach Club and spent many a summer day and evening by the Atlantic, close to the summertime home of her parents and grandparents, enjoying the company of her many friends and her family. It is here where her spirit sang and where her family will feel closest to her.

Mary Ellen was predeceased by her grandparents Ethel and George Carrier and Mariah and Thomas McDonough and her parents Helen and Gus McDonough. She will be dearly missed by her heartbroken children, Katie Goodspeed and Brendan Goodspeed, her daughter-in-law Lindsay Goodspeed and her son-in-law Eric Kostegan. She had a special place in her enormous heart for her three amazing grandsons: Jack and Charlie Goodspeed, and Julien Goodspeed Kostegan, who will remember their "Mimi" with great fondness and affection. She is also survived by her beloved big brother David McDonough and sister-in-law Anne McDonough.

Mary-Ellen's family and friends are invited to pay their respects during visiting hours at Remick and Gendron Funeral Home in Hampton, NH from 6:00-8:00pm on Wednesday, March 2nd. On Thursday, March 3rd at 11:00am there will be a service at Little Harbor Chapel followed by a celebration of her life at The Abeniqui Country Club in Rye Beach, NH. Little Harbor Chapel is located at 335 Little Harbor Road Portsmouth, NH and The Abeniqui Country Club is located at 731 Central Road in Rye Beach, NH.

In lieu of flowers, the family has asked that donations be made to the Alzheimer's Association, <https://www.alz.org/> an organization she supported in honor of her mother.

Previous Events

Visitation

MAR 2. 6:00 PM - 8:00 PM (ET)

Remick & Gendron Funeral Home - Crematory
811 Lafayette Road ·
Hampton, NH 03842
(603) 926-6500
info@remickgendron.com
<https://www.RemickGendron.com/>

Service

MAR 3. 11:00 AM (ET)

Little Harbor Chapel
335 Little Harbor Road
Portsmouth, NH 03801

Tribute Wall



“ *Mary-Ellen Goodspeed*

September 18, 2022 at 12:49 AM

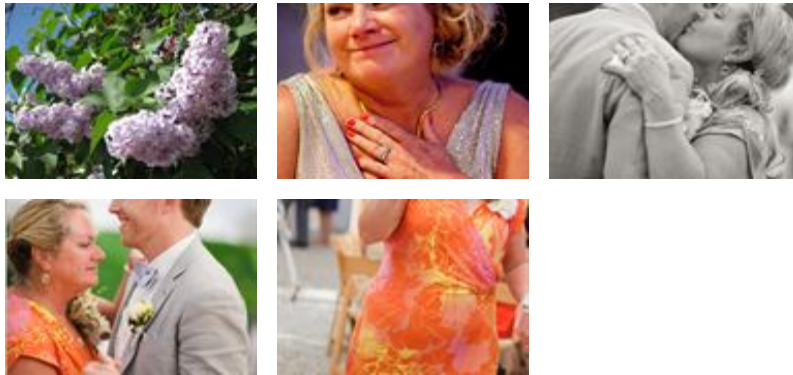


“ *Mary-Ellen and I worked together at Family Therapy Institute and quickly became friends. I remember so clearly her sense of humor, our monthly then quarterly then annual Xmas girls get-together at BVI, visiting in Rye over the summers, so many times. She was a gracious host, loving mother and grandmother. Last time I saw her was a few years ago and she proudly shared photos of her grandchildren who she obviously adored. We had planned to get together again, but then COVID hit. I am so sorry we didn't have the chance to see each other again. She will be missed. My thoughts go out to her family. She was a special lady.*

Jodi Carner-Higgins - March 02, 2022 at 03:36 PM



“ *213 files added to the album LifeTributes*



Remick & Gendron Funeral Home - March 01, 2022 at 03:07 PM

SD

“ Mary Ellen and I had many adventures through the years, starting when we were 4 years old. I dreamt of her last night - a busy dream where we are having raucous fun, just on the edge of getting into big trouble.....but never getting caught. A big hug to Katie and Brendan and their families.

Suzanne Duval - March 01, 2022 at 09:27 AM



“ Beautiful in Blue was purchased for the family of Mary-Ellen Goodspeed.



February 28, 2022 at 05:58 PM

JB

“ All the Bottomleys express sincere sympathy on Mary Ellen's passing. We know her children and grandchildren miss her. We hope the memories you have will sustain you during this difficult time. Our memories of her at the Beach Club bring smiles to our faces. May she Rest In Peace.

John Bottomley - February 28, 2022 at 12:26 PM

MP

“ While we lost touch after college, I often thought of Mary-Ellen and the great times we had both at Derryfield and while rooming together at UNH. She was always up for a fun time and we managed to stay out of trouble for the most part. She was a very kind soul and I'm sure will be missed dearly.

Melissa Potter Phillips

Melissa Potter Phillips - February 28, 2022 at 11:07 AM



“ *Peaceful White Lilies Basket was purchased for the family of Mary-Ellen Goodspeed.*



February 28, 2022 at 10:37 AM



“ *It's crazy that I haven't seen Mary Ellen in so long, as I can still instantly pull up my memory of her smile and happy, even if a bit mischievous, eyes. We were high school classmates and have great memories from those years and during the first few of college when I'd see her on that wonderful deck near the water. So sorry for your loss of that happy soul!*

Tim Kerrigan

Timothy Kerrigan - February 28, 2022 at 09:28 AM



“ *Mary Ellen and I were grammar school and high school classmates from kindergarten through 12th grade. We visited each other often through college but gradually drifted apart after that, though I did get to stay chez Goodspeed in Bedford when Katie was a baby. I will never forget her potent deep-from-the-heart laugh, her mischievous twinkle and her contagious, effervescent spirit. While Manchester was her childhood residence, Rye was really her spiritual home, and we had many fun visits over there over the years. It makes me very happy to know she was able to build such a rich and full family life in her happy place. I can only imagine what a giant hole she leaves behind for her children and grandchildren and send you my deepest condolences on your loss. Gary Hirshberg*

Gary Hirshberg - February 27, 2022 at 08:58 PM



“ *I loved Mary-Ellen’s energy and joie de vivre. She was always so welcoming, compassionate, and kind. My heart aches for Katie, Brendan, and their families.*

-Jen Steele

Jen Steele - February 27, 2022 at 08:26 PM

BG

“ *While I have not been in touch with Mary Ellen for years, I worked with her at Family Therapy Institute and really enjoyed and appreciated her caring and positive energy toward everyone, her colleagues, and her clients with the wonderful clinical work she provided for all her clients. She was a special colleague and friend, and my heart goes out to her family, who clearly deeply miss. I send her and her family lots of caring and positive energy in dealing with this sad and upsetting loss. Bob Goddard*

Bob Goddard - February 27, 2022 at 08:14 PM

JH

“ *Katie, Eric, & Julien,*

Our hearts go out to you and your family at this time.

Joanne and Lance (next door neighbors)

Joanne Holman - February 27, 2022 at 09:24 AM

EC

“ *Mary-Ellen was always a funny, kind and caring person who put her family first. I'm so sorry that she passed away at such a young age but I know you all have wonderful memories to cherish.*

*My sympathies,
Ellie Cochran*

Ellie Cochran - February 26, 2022 at 07:31 PM

MK

“ *I enjoyed knowing Mary-Ellen's heart of gold as a friend and colleague many years ago. Her's was a bright and beautiful light that graced the lives of many. Thanks for all your contributions to this world while we had you Mary-Ellen. Michael R. Kandle, Psy.D.*

Michael Kandle - February 26, 2022 at 06:04 PM