



Regina M. Sernekos

April 29, 1942 - September 24, 2022

Teaneck, NJ & Dover, NH - On Saturday, September 24, 2022, Regina Mary Sernekos, loving wife, mother, and grandmother passed away peacefully in the company of Gus, her husband of 56 years. She was eighty. An avid bowler in her younger years, she was involved in many leagues and competitions. She was most proud of bowling a perfect 300 game. While Regina had many jobs in her lifetime, at age 50 she switched careers from secretarial work to becoming an installer of security equipment for ADT, where being one of the only women in her crew was a point of pride.

Regina was best known for her strong devotion to family, dazzling smile, fierce independence, green-thumb, generous spirit, and being the family historian. She is survived by her husband, Gus; her son, Rob and his wife Paloma; her son Dan and his husband Charles and her sisters, Irene and Bernadette. She also leaves her seven grandchildren, Raymond, Maggie, Kayla, Justin, Quinn, Jayda, and Nekos always held a special place in her heart. If there was one word to describe Regina it would be love, undying love that will live on in all who knew her.

A Mass of Christian Burial will be celebrated at 11 AM on Friday, September 30, 2022 at Our Lady of the Miraculous Medal Church, 289 Lafayette Road, Hampton, NH. The Mass will be livestreamed, please click here to watch, <https://olmmparish.org/home/live-streaming/>. Burial will be private. A celebration

of her life will be held on a future date for all those who knew and loved her as nothing would please her more than knowing we all came together. In lieu of giving flowers, the family asks that those who are able instead donate to the Alzheimer's Association (<https://www.alz.org/>) in her name.

Previous Events

Funeral Mass

SEP **30**. 11:00 AM (ET)

Our Lady of the Miraculous Medal Church
289 Lafayette Road
Hampton, NH

Tribute Wall

LD

“ We had many happy times when we lived on Tilden avenue! Such a wonderful person!

lynn downs - February 09, 2023 at 04:45 PM

MD

“ So sorry to hear of her passing. Many fond memories of her. She was a much cherished part of the Tilden Ave. family. Condolences to the whole family. The Dempsey Family.

Michael Dempsey - October 27, 2022 at 03:50 PM

MP

“ It is difficult to truly measure the hole in our lives that my grandmother passing has left. A pillar, the backbone, you name it. She lit up a room when she walked into it and never left without letting anyone know that they were loved. She always wanted to know what we were up to and supported us in any way she could. Every Sunday at the soccer field, my 4th grade flute recital, all the trips to Barnes and Noble; Grandma showed her love, support, and comfort any way that she could. She embodied kindness and grace, and with her passing, leaves this world a kinder place.



Maggie Paragian - October 01, 2022 at 02:09 PM

IF

“ My husband and sons lived in Teaneck for 30 years and we had the privilege of having Gina and Gus as friends and neighbors. Please accept my sincere condolences on Gina's passing. She always had a smile and kind word for everyone. Irene FORTUNA and family.

irene Fortuna - October 01, 2022 at 09:07 AM

KP

“ To know my grandmother was to know love. A humble & ambitious woman to all that knew her but a real mother figure to the whole family.

Unconditional love is something that not everyone gets to experience in their lifetime but I consider myself lucky. Grandma blessed everyone with the experience of unconditional love with her unwavering support, kind heart, & open arms. She was a juxtaposition. A woman led by faith but not judgement. A woman that gave her last but asked for nothing in return. A pure heart & soul all the way through. She's the type of woman that I strive to be.

When I think of my favorite memories of grandma, too many come to mind. Every birthday, every single holiday even as small as Valentines Day, every phone call or voicemail, every walk to the park, every soccer game, to everything & everytime my Grandma showed up. If I ever forgot to say it then, I will say it now: thank you for everything. I will continue to remember her as the strong, empathic, independent woman that she was.

I am happy that she has moved onto a better place because the love that she always taught me to give is not selfish. So until we meet again..

Love always,
Kayla



Kayla Paragian - September 30, 2022 at 09:45 AM

LS

“ So many years of wonderful memories of Aunt Gina and her love and devotion to family. And her baked goodies! She will be greatly missed. Much love to Uncle Gus, Rob, Dan and their families.
Andrew and Loretta Sernekos

Loretta Sernekos - September 27, 2022 at 07:46 PM